ZVM Unani College Celebrates 'Cycling Sunday' to Promote Fitness and Sustainability

On the 2nd of March, 2025, the students and staff of **ZVM Unani College and**Hospital, Azam Campus, participated in a grand celebration of 'Cycling Sunday' as part of the nationwide 'Fit India Cycling Drive.' The event was marked by enthusiastic cycling across the campus, aimed at promoting both fitness and ecoconsciousness.

The event was graced by the esteemed Principal of ZVM Unani College, Dr. Gazala Mulla, along with Dr. Jaleel Ahmed and Dr. Rafi Ahmed Chaudhry. The college's sports teacher, Umair Ansari, and other staff members joined the students in this health and sustainability initiative, reflecting the broader vision of the 'Fit India Movement.'

Cycling, recognized for its numerous health benefits, including improved cardiovascular health, increased stamina, and stress reduction, is a central component of this nationwide initiative. The celebration of 'Cycling Sunday' aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Minister's call for "Fitness ki dose, aadha ghanta aligns with the Hon'ble Prime Ministe

This local event mirrors the national 'Fit India Cycling Drive,' which has already gained momentum with over 1.5 crore participants. The 'Cycling Sundays' initiative is part of the Ministry of Youth Affairs and Sports' ongoing efforts to integrate cycling into the daily routines of citizens across the nation, making it a widespread movement for health and the environment.

As the event wrapped up, participants shared a renewed sense of commitment to the cause of fitness, health, and environmental responsibility. The success of this initiative at ZVM Unani College serves as an inspiration for other educational institutions to partake in the movement and foster a fitter, greener future for the nation.

DR. GHAZALA MULLA

Z.V.M UNAN: SELICO LOS COE. & HOSPITAL. PUNE





Report of Exam Committee (1st to 28th Feb 2025)

- Practical exam of First Internal assessment was conducted from 29/01/2025 to 04/02/2025.
- Meeting of Grievances committee was held on 01/02/2025.
- Meeting of Internal Exam committee was held on 03/02/2025.
- MUHS has allotted CAP centre to our college. Dr. Jalil has been appointed as CAP custodian and Dr. Ejaz as Asstt. CAP custodian. The teachers of our college are assessing the University answer copies online.
- MUHS UG practical exams were scheduled by MUHS from 14/02/2025 to 28/02/2025 and are being conducted by the subject teachers of college.
- MUHS PG practical exams were scheduled by MUHS from 21/02/2025 to 23/02/2025 and were conducted by the Subject teachers of college.

Dr. Ejaz Shaikh

In charge

Internal Examination Committee

Anna Sinas

Z.V.M. UNANI MEDICAL COLLEGE AND HOSPITAL, AZAM CAMPUS, CAMP, PUNE.

Transitional curriculum Inaugural programme report:

An induction program for under graduate students of BUMS 1st prof and PG Scholars was organised at ZVM Unani Medical College and Hospital, Pune, on dated 11/11/24 at 10 am to 11 am in the conference hall of college. All the newcomer students and PG scholars were invited along with their parents. This program was organised under the guidance of Principal Dr. Gazala Mulla while it was arranged under the supervision of vice principal and co-ordinator of transitional curriculum Dr. Jaleel ahmed . The event was blessed with the presence of MMERC's honourable management members including President Mrs. Abeda Inamdar , Vice President Dr. Arif Memon , Secretary Dr. Nazim Shaikh , Former President of MMERC Dr. N. Y. Kazi .

Vice Principal Dr. Jaleel Ahmed introduced the guests as well as gave aims and objectives of the programme.

Principal Dr. Gazala Mulla gave an informative speech about history of our college and Unani tib.

Manegment members enlightened the students by their respective speeches regarding discipline, etiquette and academic excellence in the college.

All the teaching staff were also present in the event. Dr. N. Imtiyazi and Dr. Tauleha Bukhari were the programme coordinators of this event. The anchoring of the event was done by Dr. N. Imtiyazi and concluded the programme with vote of thanks.

M.M.E.&R.C.'S

Z.V. M. Unani Medical College & Hospital, Azam Campus, Pune

TRANSITIONAL CURRICULUM as per NCISM, New Delhi For first year Professional B.U.M.S. Students Batch 2024-2025 11/11/2024 at 10.00 am at Conference Hall, ZVMUMCH, Pune

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EVENTS	RESPECTED PERSON	First Year Student 23-24	02
Tilawat-e-Quran	Mr. Kizwan Annieu		05
Introduction of the	Dr. Jaleel Ahmed	Vice Principal, ZVMUMC, Pune	03
Programme & Guests	1 26 112	Principal,	05
Welcome Speech &	Dr. Ghazala Mulla	Z.V.M. U.M.C. Pune	
Felicitation of Guest			07
Speech	Dr. Nazim shaikh	Guest of Honour	01
	Secretary, MMERC, Pune	of the function	
Speech	Dr. Arif Ali Mohd. Memon	Guest of Honour	07
	Vice president, MMERC, Pune	of the function	
Keynote Address	Dr. P. A.Inamdar	Chief Guest of the function	1 10
	President M.C. E Society, Pune		
President Remark	Mrs. Abeda P.A. Inamdar	President of the function	10
	President MMERC, Pune		105
Movie	ZVM College and Teachers		05
Vote of Thanks	Dr. N. Imtiyazi	Z.V.M.UMC, Pune	02
M.O. C.	Dr. N. Imtiyazi	Z.V.M.UMC, Pune	
WI.U. C.		Total Mints	4

Master of Ceremony Dr. Jaleel Ahmed

Dr. N. Imtiyazi











M.M.E. & R.C's

Z.V.M. UNANI MEDICAL COLLEGE AND HOSPITAL

Inaugural Function of

TRANSITIONAL CURRICULUM FOR FIRST PROFESSIONAL B.U.M.S. & M.D. / M.S. SCHOLARS 2024-25

Prescribed by Board of Unani, Siddha and Sowa Rigpa, NCISM, Ministry of AYUSH, New Delhi On 11th November 2024 @ 10.00 am | Venue : Conference Hall, Z.V.M.U.M.C.H., Pune



Dr. P. A. Inamdar I Chancellor Dr. P.A. Inamdar University, Pune



Mrs. Abeda P. Inamdar President M.M.E.&R.C's, Pune



Dr. Arif Ali Memon Vice President M.M.E.&R.C's, Pune



Dr. Nazim Rafi Shaikh Secretary M.M.E.&R.C's, Pune

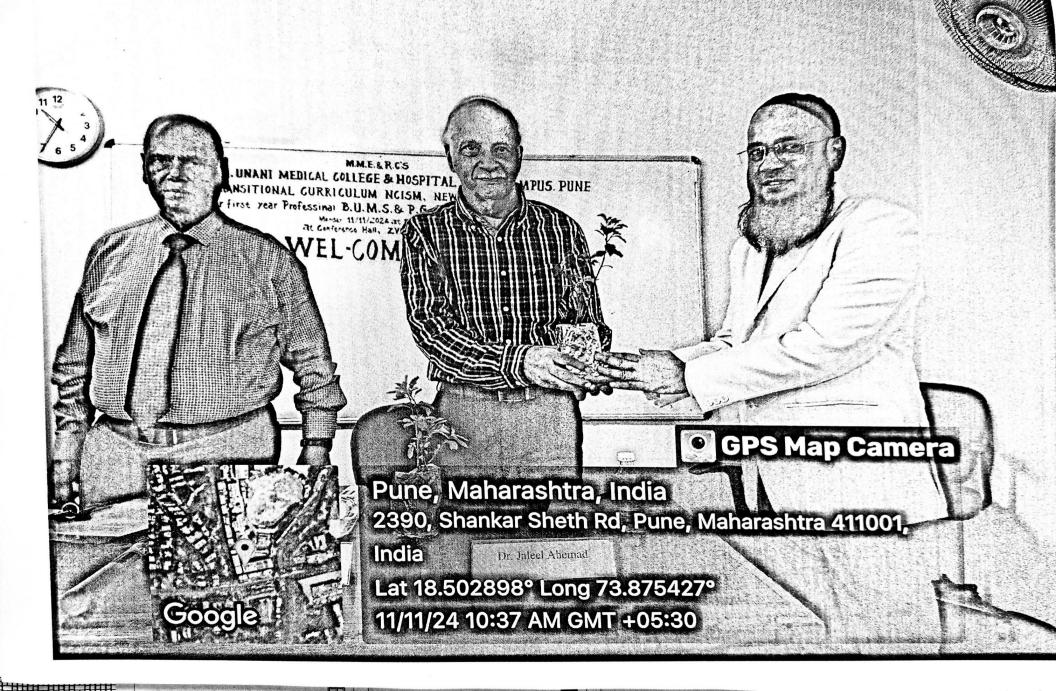


Dr. Ghazala Mulla I/C Principal Z V.M.U.M.C.H., Pune



Dr. Jaleel Ahmed Vice Principal Z.V.M.U.M.C.H., Pune

Parents and students are welcome...





To:

The principal,

Z.V.M. Unani Medical College & Hospital, Pune

Subject: Report on CPR Training Session for Nursing Staff

Respected Sir/ Madam,

I am pleased to report that a training session with hands-on training on Cardiopulmonary Resuscitation (CPR) was successfully conducted for the nursing staff on 8th February 2025 at 10:00 AM in the Physiology Lab of the college.

The session was conducted by **Dr. Zakir Khan** under the guidance of **Dr. Ghazala Mullah, In-Charge of the CPR Committee**. The objective of this training was to enhance the emergency response skills of the nursing staff, ensuring they are well-equipped to handle critical situations efficiently.

During the session, the following key aspects were covered:

- The importance and principles of CPR
- Basic Life Support (BLS) techniques
- Step-by-step demonstration of CPR procedures
- Hands-on practice on mannequins

The session was well-received, and the nursing staff actively participated in the hands-on training. This initiative aims to strengthen emergency preparedness in our hospital and improve patient care outcomes.

I extend my gratitude to **Dr. Ghazala Mullah** for her valuable guidance and to all the participants for their enthusiastic involvement. Further periodic training sessions will be planned to ensure continuous skill enhancement.

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Thank you for your support.

Enclosed documents:

- 1) Participant attendance
- 2) Geotag Photos of Training session

Dr. Zakir Khan

Assistant prof. Moalajat (Medicine)

Z.V.M. Unani Medical College & Hospital, Pune